

# Run

Artist: One Republic/ Album: Human (Deluxe)/ i-Tunes download / Time 2:49

Level: Intermediate / Genre: Pop / Moderate speed

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## Sequence: A B A C C B D C C B Ending

### Wait 16 Beats, begin with left foot lead

#### Part A (32 beats)

- (8) Samantha Slide DS DS(xif) DR(b) S DR(b) S RS SL(f) S SL(f) S RS  
L R R L L R LR R L L R LR  
&1 &2 & 3 & 4 &5 & 6 & 7 &8
- (8) 2 Slap Backs DT Hclk (P) S(ib) DT Hclk (P) S(ib) DS DS RS RS  
+ Fancy Double L R L R L R L R L R LR LR  
& 1 & 2 & 3 & 4 &5 &6 &7 &8
- (8) Football DS K Hclk RS K Hclk RS DS RS K Hclk  
Turn 1/2 L L R L RL R L RL R LR L R  
&1 & 2 &3 & 4 &5 &6 &7 & 8
- (4) Mountain Goat DS R(xif) S R(ots) S BA SL  
L R L R L R R  
&1 & 2 & 3 & 4
- (4) Mountain Basic STO DT(1/2 L) Hclk DS RS  
(1/2 L) L R L R LR  
&1 & 2 &3 &4

#### Part B (16 beats)

- (8) Rooster Push DS DS(xif) BA(ots) BA(xib) BA(ots) S(xif) DS RS(ots) RS(ots) RS(ots)  
L R L R L R L R L RL RL RL  
&1 &2 & 3 & 4 &5 &6 &7 &8

**Repeat above 8 beats using opposite footwork**

**Part A:** [Samantha Slide, 2 Slap Backs, Fancy Double, Football(1/2 L) Mountain Goat, Mountain Basic(1/2L)]

#### Part C (32 beats)

- (8) Lucy Brushover Vine DS BR(xif) Hclk TH(if) TTch(ib) Hclk DS DS(xib) DS RS  
L R L R L R L R L R L RL  
&1 & 2 &3 & 4 &5 &6 &7 &8
- Repeat above 8 beats using opposite footwork**
- (8) Bonanza DS DS(xif) DT Hclk DT Hclk DSib) RS DS BR Hclk  
L R L R L R L RL R L R  
&1 &2 & 3 & 4 &5 &6 &7 & 8
- (4) Black Mountain DS BA/H BA/H (1/4 L) (P) BA(ib) SL/H(tch) Lift/H(clk)  
(1/4 Left) L L/R L/R R R L L R  
&1 & 2 & 3 & 4
- (4) 2 Basics DS RS DS RS  
(1/4 Left) L RL L RL  
&1 &2 &3 &4

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**Part C:** [Lucy Brushover Vine L and R, Bonanza, Black Mountain ¼ L, 2 Basics ¼ L]

**Part B:** [Rooster Push Left and Right]

## Part D (32 Beats)

(4) Break DS(xif)/BRK(ib) (P) S (P) S RS  
(1/4 L) L R R L RS  
&1 & 2 & 3 &4

(4) Cotton Eyed Joe Kick(xif) Hclk Kick(ots) Hclk DS RS  
R L R L R LR

**Repeat the above 8 beats 3 more times, turning ¼ L on the break**

**Part C:** [Lucy Brushover Vine L and R, Bonanza, Black Mountain ¼ L, 2 Basics ¼ L]

**Part C:** [Lucy Brushover Vine L and R, Bonanza, Black Mountain ¼ L, 2 Basics ¼ L]

**Part B:** [Rooster Push Left and Right]

## Ending (33)

(4) 4 DS forward DS DS DS DS  
L R L R  
&1 &2 &3 &4

(4) Crazy legs back DS(ib) DS(ib) DS(ib) DS(ib)  
L R L R  
&1 &2 &3 &4

(16) [Black Mountain ¼ L, 2 Basics ¼ L,] **Repeat**

(8) Roundout DS TH(xif) TH(ib) TH(ots) TH(xif) TH(ib) TH(ots) TH(ots)  
&1 &2 &3 &4 &5 &6 &7 &8

(1) Step L

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## Step abbreviations

DT =double toe  
DS = double toe step  
S = step  
RS = rock step  
T = toe  
H = heel  
K = kick  
BR = brush  
SL = slide  
P = pause  
BA = bal  
BRK = breakl  
STO =stomp

## Direction

xif = cross in front  
xib = cross in back  
if= in front  
ib = in back  
ots = out to side  
f = moving forward  
b = moving back  
tch = touch  
clk = click